

TEVION

ARMBAND RADIO

MD 7485



OPERATING INSTRUCTION

07/03

TEVION

(877) 604-9498
7:00 AM to Midnight, CST

FC



SAFETY INSTRUCTIONS

Children and electrical devices

Do not let children use electrical devices unattended.

Swallowing batteries may be fatal. Therefore always keep the unit and batteries inaccessible to young children. If a battery has been swallowed, consult a doctor immediately.

Ambient conditions

Avoid exposure to extreme temperatures, direct sunlight, moisture, humidity, sand, dust, mechanical shock.

Do not use the unit in rain or snow.

No self-repair

Under no circumstances attempt to open or repair the unit yourself. Refer all servicing to our Service Center or to another qualified workshop.

NOTE: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Use the earphones carefully.

Do not use the earphones when actively taking part in traffic, especially when you steer a car.

Do not expose yourself to a high volume level for a long period of time. Your hearing can be damaged.

Power supply

Operate the unit only with two 1.5V batteries, size AAA.

Battery disposal

Empty alkaline batteries do not belong in the household refuse. The batteries must be disposed of at a designated disposal/recycle point.

Cleaning the device

To clean the unit, only use a moistened, soft cloth. Do not apply chemical solvents or cleaning agents, as they may damage the surface and/or labelling of the unit.

Compliance with FCC

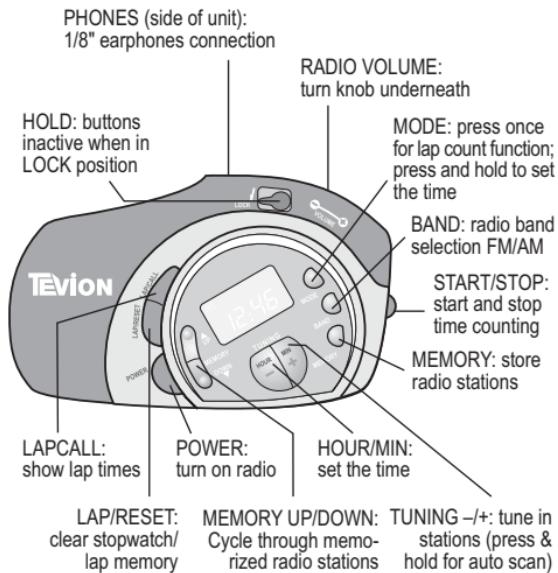
The device complies with part 15 of the FCC Rules.

Operation is subject to the condition that this device does not cause harmful interference.

OVERVIEW

Your armband radio consists of

- the main unit, • arm strap, and • earphones.



PREPARATION

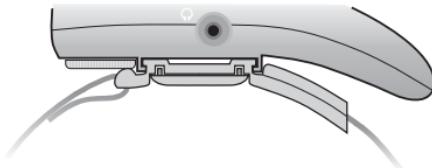
Inserting batteries

- Open the battery compartment at the back of the unit by sliding the cover downward and lifting it up.
- Insert two 1.5V batteries (size AAA) and observe the polarity (the negative pole touches the spring).
- Close the battery compartment.

When the batteries are inserted, the time **12:00** appears in the display.

Note: If you want to save data in the memory while changing the batteries, make sure to turn the power off and to change the batteries within 30 seconds.

Applying the arm strap



- Insert the belt strap into the belt clip, then fold the belt strap and fasten the velcro.

- ▶ Insert the belt clip into the main unit, then push the belt clip until it locks in place at the end of the belt clip holder.
- ▶ Straighten the other side of the belt, then put the belt around your arm. Fasten the velcro.
- ▶ To remove the belt clip: Press and hold the release button on the belt clip, then push the belt clip out to remove it from the unit.

Setting the time

- ▶ When the power is off, press and hold the MODE key until the time blinks. Release MODE.
- ▶ Press and hold the HOUR– key to set the hour and then press and hold the MIN+ key to set the minute. Make sure that AM or PM is shown correctly.
- ▶ Press the MODE key again to confirm the time.

HOLD

- ▶ If you want to avoid accidentally pressing a key, slide the HOLD switch to the position *LOCK*. “LOCK” will appear in the display.
- ▶ Slide the HOLD switch out of the *LOCK* position to restore functionality to the other buttons.

RADIO OPERATION

POWER

- ▶ To turn the unit on, press the POWER key on the side of the unit. The radio frequency shows in the display.

Volume

- ▶ Adjust the volume by turning the VOLUME knob at the side of the unit. Before you put on the earphones, make sure the VOLUME is at the minimum.

Putting on the in-earphone

- ▶ Insert the in-earphone plug into the in-earphone jack on the top of the unit.
- ▶ Place the in-earphone into your left and right ears, corresponding to the “L” and “R” mark on each earbud.

Tuning in a station

- ▶ Select the band (FM or AM) by pressing the BAND key.
- ▶ Tune a station using the TUNING HOUR– or MIN+ button.
Press and hold the TUNING HOUR – or MIN + button for one second, then release. The unit will automatically scan to the next broadcasting station.
- ▶ To turn the radio off, press the POWER button.

Antennas

FM: Extend the earphone wire for best reception.
AM: Turn the unit for better AM reception.

Presetting radio stations

You can preset 10 FM and 10 AM radio stations.

- ▶ Tune in a station as described above.
- ▶ Press the MEMORY key; “MEM” will blink in the display. Within four seconds, press the MEM. UP or MÉM. DOWN button until the desired memory number appears in the display.
- ▶ Press the MEMORY key again to set the station in the selected memory.
- ▶ Repeat these steps to program more stations.

Recalling preset stations

- ▶ In the radio mode, press the MEM. UP or MEM DOWN key until the desired memory number appears in the display.

TIME COUNT FUNCTION

The unit provides both a stopwatch function and a lap count function which enable you to measure the time of a lap when jogging/ walking. You can count and store up to five times and have the results added automatically.

Note: In this mode you cannot listen to the radio.

- ▶ When the power is off (the time shows in the display), press the MODE key once. At first use, *0:00* for the time and *0* for the lap number appear in the display.

Stopwatch function

To clear the memory, press LAP/RESET.

- ▶ When you start your lap, press the START/STOP key. The unit will count the time.
- ▶ At the end of the lap, press START/STOP again to see your time.
- ▶ Press START/STOP again to resume the time counting.
- ▶ If you want to start from *0:00*, press LAP/RESET.

Lap count function

- ▶ Press START/STOP to start the time count.
- ▶ At the end of the first distance or lap, press LAP/RESET. The time will blink for three seconds. Then it will continue to count the time of the second lap.

► At the end of each further lap, press LAP/RESET again.

This way, you can count up to five distances of up to 30 minutes.

LAP CALL

► After finishing the last lap and pressing LAP/RESET, press START/ STOP.

► Press LAP CALL repeatedly to show the times of all successive laps. The lap number shows in the display.

After the last measured lap the total time of the laps will show in the display.

TECHNICAL DATA

Power supply

Batteries: 2 x 1.5 V batteries, size AAA

Radio frequency

FM: 87.5 – 108 MHz

AM: 520 – 1710 KHz

Subject to technical modifications!